

Calm Parenting



A workshop for parents about building communication, cooperation and connection. We will listen to Session 1 of this program by Debbie Pincus. Don't miss it--it's terrific!

If you...

- *feel like you're working harder than your child on his/her work (school work, behaviors or chores) and rewards/punishment have not changed things for the better...*
- *want to make sure you figure things out before your child is a teen*
- *want both you and your child to be able to problem solve and communicate more effectively,*

...then this workshop is for you. Liza has over 30 years experience with families, including youth with brain based differences such as ADHD, ASD or emotional issues. She is also a parent!



Facilitator: Liza Tregillus, MSW, Play Therapist and Parent/Youth Coach, (970)749-9607, LizaTIP.com

Location: Bowman Hall, next to the Unitarian Universalist Fellowship of Durango, 419 San Juan Drive, Durango (just SW of Needham Elementary)

Date and time: Thursday, February 20, noon to 1:30

These materials are neither sponsored nor endorsed by Durango School District 9-R.